


# Farrell Area Schools K-12 Breakfast Menu

## March 2024

|  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|--|---|--|---|---|
|       |  |   |  |   | <b>1</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Coco Puff Bar Kit<br><br><b>HIGH SCHOOL (7-12)</b><br>Vanilla Sprinkle Bar |
| <b>Every student of Farrell Schools is entitled to breakfast and lunch at no cost!</b> | <b>4</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Fruit Loops<br><br><b>HIGH SCHOOL (7-12)</b><br>Goody Ring            | <b>5</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Strawberry Poptart<br><br><b>HIGH SCHOOL (7-12)</b><br>Mini Blueberry Holes  | <b>6</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Lucky Charms Kit<br><br><b>HIGH SCHOOL (7-12)</b><br>Coffee Cake    | <b>7</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Fudge Pop Tart Kit<br><br><b>HIGH SCHOOL (7-12)</b><br>Chocolate Bread       | <b>8</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Coco Puff Bar Kit<br><br><b>HIGH SCHOOL (7-12)</b><br>Cinnamon Roll        |
|  | <b>11</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Fruit Loops<br><br><b>HIGH SCHOOL (7-12)</b><br>Mini Blueberry Holes | <b>12</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Strawberry Poptart<br><br><b>HIGH SCHOOL (7-12)</b><br>Lemon Bread          | <b>13</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Lucky Charms Kit<br><br><b>HIGH SCHOOL (7-12)</b><br>Cinnamon Roll | <b>14</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Fudge Pop Tart Kit<br><br><b>HIGH SCHOOL (7-12)</b><br>Goody Ring           | <b>15</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Coco Puff Bar Kit<br><br><b>HIGH SCHOOL (7-12)</b><br>Dunkin Sticks       |
|  | <b>18</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Fruit Loops<br><br><b>HIGH SCHOOL (7-12)</b><br>Cinnamon Roll        | <b>19</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Strawberry Poptart<br><br><b>HIGH SCHOOL (7-12)</b><br>Powdered Donut Holes | <b>20</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Lucky Charms Kit<br><br><b>HIGH SCHOOL (7-12)</b><br>Coffee Cake   | <b>21</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Fudge Pop Tart Kit<br><br><b>HIGH SCHOOL (7-12)</b><br>Vanilla Sprinkle Bar | <b>22</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Coco Puff Bar Kit<br><br><b>HIGH SCHOOL (7-12)</b><br>Goody Ring          |
|  | <b>25</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Fruit Loops<br><br><b>HIGH SCHOOL (7-12)</b><br>Dunkin Sticks        | <b>26</b><br><b>ELEMENTARY (K-6)</b><br>BREAKFAST MEAL KIT<br>Strawberry Poptart<br><br><b>HIGH SCHOOL (7-12)</b><br>Chocolate Bread      | <b>27</b><br><b>NO SCHOOL</b><br>Spring Break  | <b>28</b><br><b>NO SCHOOL</b><br>Spring Break   | <b>29</b><br><b>NO SCHOOL</b><br>Spring Break   |
|  | Menu subject to change   |   |  |   |   |

The National School Lunch Program states that no student will be discriminated against on the basis of race, color, national origin, sex, age, or disability

# Farrell Area Schools K-12 Lunch Menu

## March 2024

|   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|---|--|---|--|
|    |   |   |  |   | <b>1</b><br><b>FRENCH BREAD PIZZA</b><br>Garden Romaine Salad<br>Fresh Carrots<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk |
| <b>Every student of Farrell Schools is entitled to breakfast and lunch at no cost!</b><br><br>Don't forget to take at least one fruit or veggie with each meal<br><br>Grades 9-12 may take two fruits                 | <b>4</b><br><b>CHEESEBURGERS</b><br>French Fries<br>Fresh Cauliflower<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk                         | <b>5</b><br><b>WALKING TACOS</b><br>with Whole Grain Tortilla Chips<br>Black Beans / Corn<br>Celery Sticks<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk                            | <b>6</b><br><b>CHICKEN SANDWICH</b><br>on Whole Grain Bun<br>Baked Beans<br>Fresh Broccoli<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk         | <b>7</b><br><b>ROTINI with MEAT SAUCE</b><br>Garden Romaine Salad<br>Whole Grain Dinner Roll(9-12)<br>Celery Sticks<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk   | <b>8</b><br><b>FISH SANDWICH</b><br>French Fries<br>Fresh Carrots<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk              |
| Weekly vegetable sub groups may include: dark green, red/orange, legumes, starchy, and other<br><br>Daily fruit choices may include: apples, oranges, bananas, applesauce, strawberries, peach cups, and apple slices | <b>11</b><br><b>TOASTED CHEESE SANDWICH</b><br>Tomato Soup<br>Carrot Sticks<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk                   | <b>12</b><br><b>SHRIMP POPPERS</b><br>Dinner Roll<br>Broccoli & Cheese<br>Fresh Cauliflower<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk   | <b>13</b><br><b>TURKEY and CHEESE SUB</b><br>on Whole Grain Bun<br>French Fries<br>Baby Tomatoes<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk   | <b>14</b><br><b>ROTINI with MEAT SAUCE</b><br>Garden Romaine Salad<br>Whole Grain Dinner Roll (9-12)<br>Celery Sticks<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk | <b>15</b><br><b>CHEESE PIZZA</b><br>Garden Romaine Salad<br>Fresh Cukes<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk        |
| Milk offered daily: fat free chocolate, 1% white,<br><br>All bread is whole grain<br><br>Grab & Go Salads offered daily as a meal   | <b>18</b><br><b>CORN DOGS</b><br>French Fries<br>Fresh Broccoli<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk                               | <b>19</b><br><b>NACHOS WITH MEAT &amp; CHEESE</b><br>on Whole Grain Tortilla Chips<br>Corn or Black Beans<br>Celery Sticks<br>Assorted Cupped and Fresh Fruit<br>Choice of Low Fat Milk | <b>20</b><br><b>CHICKEN TENDERS</b><br>Whole Grain Dinner Roll<br>Mashed Potatoes<br>Baby Tomatoes<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk | <b>21</b><br><b>ZITI with MEATBALLS</b><br>Garden Romaine Salad<br>Whole Grain Breadstick(9-12)<br>Celery Sticks<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk      | <b>22</b><br><b>CHEESE PIZZA</b><br>Garden Romaine Salad<br>Fresh Cukes<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk        |
| <b>Cheez-its Grades 7-12 on</b><br>3/4 through 3/8<br>3/11<br>3/18  | <b>25</b><br><b>BBQ RIB SANDWICH</b><br>on Whole Grain Bun<br>Tater Tots<br>Fresh Cauliflower<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk | <b>26</b><br><b>WALKING TACOS</b><br>with Whole Grain Tortilla Chips<br>Black Beans / Corn<br>Celery Sticks<br>Assorted Fresh Fruit<br>Choice of Low Fat Milk                           | <b>27</b><br><b>NO SCHOOL</b><br>Spring Break  | <b>28</b><br><b>NO SCHOOL</b><br>Spring Break   | <b>29</b><br><b>NO SCHOOL</b><br>Spring Break  |

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